



GIDC DEGREE ENGINEERING COLLEGE

Joint Venture of Govt. of Gujarat & GIDC | Managed by GIDC Education Society, Gandhinagar
PPP Mode Institution | Approved by AICTE & Affiliated to Gujarat Technological University

Block No. 997, Village Abrama, Tal.: Jalalpore, Dist.: Navsari – 396406 (Gujarat, India)

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STUDENTS COUNSELLING CELL

GDEC Student Counselling Cell is a unit, where professional, confidential counselling service is available to all students. Counselling cell provides an opportunity for any student to discuss in private any concerns which may be impacting on academic performance or personal health and well-being. In the course of the counselling process, student's strengths are highlighted and maximized with a focus on his self-growth, self-awareness and self-acceptance. Counselling may provide a chance to find a new perspective on the problem and often to become more accepting oneself. Counselling is generally offered on a one to one basis and is strictly confidential.

Objective:

- To facilitate psychological well-being of the students through continuous support and guidance based on their needs.
- To empower the students in recognizing their unique potentials and skills to achieve their academic goals, social and personality development, adjustment issues, career goals.
- To maintain confidentiality of counselling interventions unless the student is considered to be at-risk for personal injury, or for committing injury to self or others. In those instances, appropriate individuals/agencies can be notified.

Functions:

- To promote the student's development in all aspects of personal (mental, emotional, social, physical) well-being and academic growth.
- To enable the students to gain the maximum benefit from the facilities.
- To enhance self-esteem of weaker /slow learners / physically challenged students
- To help students from various social, economic, lingual backgrounds adapt to the requirements of college life in a cosmopolitan mega city.
- To ascertain students continuous progress on the path of self –awareness and discover new ways to develop their potential and talents to the fullest.
- To help the students in solving their personal, educational, social as well as psychological problems.
- To create awareness, prepare and motivate to create success stories and decipher plans to overcome life challenges
- To recommend and refer to Clinical Psychologist/ Professional Psychiatrist in case of any advance support required considering the severity.
- To organize workshops in the area of: - Stress Management, Emotional Intelligence, Relaxation Techniques.

Students having issues can reach out to the counselling team.

The institute established the SC Cell with the following Committee member:

Sr. No	Name	Designation	Committee
1	Prof. (Dr.) H. S. Patil	Principal,	Chairperson
2	Mr. Manish Chauhan	Mind-set Coach	External Member
3	Dr. Charmi Shah	Health & Wellness Coach	External Member
4	Dr. S. S. Patel	Professor & Head, MED	Member (Faculty)
5	Dr. D. C. Patel	Associate Professor & Head, EED	Member (Faculty)
6	Dr. R. J. Motiyani	Associate Professor & Head CoED	Member (Faculty)
7	Dr. A. M. Nayak	Assistant Professor & Head, AED	Member (Faculty)
8.	Mr. Himanshu Patel	Lab Assistant CoED	Member (Staff)

Principal

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Abrama-Navsari

Copy to: Committee Members